Tuning in to Kids

Emotionally Intelligent Parenting

A six session parenting program for
parents of aged 3 -12 years

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop *emotional intelligence*.

Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Where: Eastlakes Family Support Service
14 Hickory Rd, Gateshead

When: Phone for details

Contact: Paula or Steve on 4943 9255

A Program of Eastlakes Family Support Service Inc