1-2-3 MAGIC® & EMOTION COACHING
PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years old

A three-session program for parents and carers
at **Eastlakes Family Support Service**
14 Hickory Road, Gateshead
Please call for details

Learn:

- ✓ To engage your children's cooperation by positively noticing and encouraging them
- ✓ To set clear expectations and help them to develop frustration tolerance
- ✓To help children's brains to develop filters for behaving well
- ✓To resolve family conflict quietly
- ✓Some simple strategies to practise being a calm parent

Registration Fee?

The course is **FREE**

Register for this course contacting **Paula** at **Eastlakes Family Support Service** on **4943 9255.**

What people are saying…

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control

Who is running it?

The presenter for this course is [presenters name] who completed Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training on [**date trained**]. [**Describe your relevant experience**]

For more information contact Paula on 4943 9255.

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au