Relationships & You…

Moving on from unhealthy relationships

Presented by ***Staying Home Leaving Violence***
Lake Macquarie

When: PLEASE CALL FOR DETAILS

Where: Eastlakes Family Support Service
14 Hickory Road, Gateshead West

Topics Include -

* Identifying Domestic and Family Violence
* Concepts of Power and Control
* Healthy v Unhealthy Relationships
* How to Set Healthy Boundaries
* How to Look After Yourself
* Impact of Domestic Violence on Children

Morning Tea will be provided.

Bookings essential

RSVP: Michelle or Roz on 4943 9255

A program of Eastlakes Family Support Service Inc